

BAC

B-free Advantage Collaborative

Working together, we can help you get your life BACK!



Essure® Problems Support Group

Key Facts About Contraceptive Coil Removal

- The expense of surgery makes getting relief impossible for many patients.
- Not all patients with contraceptive coils want (or need!) a hysterectomy to remove them.
- Coils can be removed in an outpatient procedure with only days – not weeks – of recovery.



WHAT IS BAC ?

The B-free Advantage Collaborative (BAC) is an innovative, California-based program designed to help selected patients get the surgery they need to remove their contraceptive coils – without hysterectomy! BAC is a cost-sharing program where the surgical expense is shared by six patients who undergo the same surgery on the same day.

Surgery to remove contraceptive coils is sometimes only available “out of network.” Also, patients who have high annual deductible plans will find that the surgery may still be unaffordable. Other patients may have no health insurance at all. Each of these scenarios can make patients feel trapped...The BAC program can offer some patients a surgical solution at low cost—independent of insurance requirements, plan exclusions, and probationary “waiting periods”.

A Note About Hysterectomy to Remove Coils

A hysterectomy is major surgery. In addition to a much longer recovery time, hysterectomy patients often face different challenges resulting from the surgery itself. Though hysterectomy isn’t always avoidable, many contraceptive coil patients should be able to have their coils surgically removed using a much less extreme approach.



How Will My Coils Be Removed?

In most situations, the procedure is in two stages completed in sequence on the same day. The first part of the surgery is called hysteroscopy, where the interior of the uterus is carefully examined from the cervix (this does not require any incision). This is important because the presence of trailing coils

“I Want These Coils OUT!” Am I Eligible for BAC ?

Most patients seeking removal of contraceptive coils can qualify, but consider these important points just to be sure:

- ♥ The BAC program is for coil **removal**...not tubal reversals.
- ♥ A **recent hysterosalpingogram (HSG) is required**. Your HSG must be no more than 1 year before your planned surgery. If you need an HSG, don’t worry...Dr. Sills’ webinar will help.
- ♥ Your HSG images (films) must be reviewed and approved by Dr. Sills in advance to determine eligibility (*Note: Both coils must be clearly identified on HSG—Grade II & III placement are preferred*, and Grade I cases may not qualify for BAC.)
- ♥ You must be fully cleared for surgery at least three weeks before your scheduled procedure.
- ♥ You must be self-pay—BAC is off-plan and **no insurance** is accepted. If you want to use your insurance, you could still have your procedure here, just not under the BAC program.

How Much Does BAC Cost?



If you meet the eligibility criteria for BAC and we have six approved registrants for the same surgery day, you can get your contraceptive coils removed in one day for only \$3,500—which is well below half the average national cost for this procedure!

inside the uterine cavity (and there shouldn’t be any!) must be documented before removal. Next, laparoscopy is done to remove the tubal segments with the device intact (the coils + surrounding tubal tissue). Procedure time for the entire surgery is generally about 60 minutes. Because laparoscopy is minimally invasive surgery, it can be done on an outpatient basis and no overnight hospital stay is typically required. Dr. Sills performs all coil removals himself, and BAC has secured block time to accommodate our patients in turn.

How Can I Register for the Program?

There are **2** ways that you can join the BAC program:

- 1) If you've already had an HSG within the last year, you are already on your way! Register to attend our next **B-free Webinar**, or contact the Center for Advanced Genetics to discuss when the next program date for BAC patients is planned. To skip the webinar and register directly, you may submit a registration form, call (760) 994-0156 or email info@CAGivf.com for more information.

- 2) If you have **NOT** had your HSG yet, you must register for our **B-free Webinar**. Why? Because this is your best opportunity to "meet" your surgeon **AND** get your requisition/test order for an HSG done locally. Your HSG order will be coded for pelvic pain, not a fertility diagnosis. While the HSG order is free, there is a \$25 reservation fee to hold your space in the webinar (attendance is limited).

****REGISTRATION DEADLINE IS AUGUST 31, 2015****

"I'm Not Anywhere Near California... How Could the BAC Program Work For Me?"

Out-of-town patients in the BAC program usually spend 3 nights here

- Day 1 (Monday): Drive/Fly to Carlsbad and get settled at hotel
 Day 2 (Tuesday): Come into Dr. Sills' office for pre-op appointment
 Day 3 (Wednesday): Arrive at our surgery center... for your **B-FREE** surgery
 Day 4 (Thursday): Head back home!

Day 1	Day 2	Day 3	Day 4
Arrive in Carlsbad Check-in at hotel Evening free to enjoy Carlsbad	Pre-op meeting w/Dr (includes sonogram) appointment is ~1hr Evening free to enjoy Carlsbad	Essure removal – Surgery Day Recovery time at hotel	Check-out from hotel & Return home

Where is the Surgery Performed?



The Carlsbad Surgery Center (CSC) is a modern, fully accredited, ambulatory surgery center supporting patients who require highly specialized, minimally-invasive procedures, which do not require overnight stay (maximum 23 hour admission).

The surgical professionals at CSC are experts in the care & treatment of patients with unique surgical needs; we are required to meet the same strict regulations and standards of care as a traditional hospital.

CSC is owned by physicians who understand what equipment is necessary to offer excellent, up-to-date surgical care. We provide a better post-operative quality of life by returning our patients to activities they enjoy faster, on a daily basis.

CSC located at 6121 Paseo Del Norte, Suite 100, Carlsbad, California 92011 and our contact number is (760) 448-2488. For more information about Carlsbad Surgery Center, please visit our web page at <http://carlsbadsurgery.com>

Group Hotel Rates for Out-of-Town Patients



BAC patients may avail of our special negotiated rate with the **Hampton Inn & Suites** located at 2229 Palomar Airport Road, Carlsbad, California 92011. Your room will be double occupancy, with free WiFi internet access, a complimentary breakfast, plus all day coffee/tea service, just to mention a few of the amenities. Our special rate for BAC patients is very competitive at \$99/night (+tax). Hotel costs, if needed, would be in addition to the \$3,500 program fee.

About Your Surgeon...Dr. Scott Sills

E. Scott Sills, MD PhD is a fellowship-trained, board certified physician with a subspecialty practice in reproductive surgery. With nearly 20 years' experience, Dr. Sills is an extensively published medical author with more than 100 journal articles to his credit. He is well known as a patient advocate and has contributed countless hours addressing concerns of Essure® patients both locally and internationally. His 2015 paper on contraceptive failures with Essure® was the first of its kind in the world. Dr. Sills has personally removed many contraceptive coils safely, and wrote the initial article recommending laparoscopic removal of Essure® before IVF in 2012. Dr. Sills serves as the Medical Director for the Center for Advanced Genetics in Carlsbad, California.



Dr. E Scott Sills – Quick profile

BA, Vanderbilt Univ

PhD, Univ Westminster (London)

MD, Univ Tennessee

Residency, NYU Downtown Hosp

Fellowship, Cornell Univ

B-Free Advantage Collaborative

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The B-Free Advantage Collaborative is an innovative, non-network, cost-effective contraceptive coil removal program developed in coordination with the Center for Advanced Genetics, Carlsbad Surgery Center, & the "Essure® Problems" support group. Each member of the collaborative is a separate entity, with no cross-affiliated employees or owners. This pamphlet is not intended as a substitute for the medical advice of physicians. You should consult your physician in matters with respect to any symptoms that may require diagnosis or medical attention. The BAC registration deadline is August 31, 2015. The BAC price quoted in this pamphlet will only be granted upon six approved registrants assigned to a single surgery day. We reserve the right to alter the per person share of the surgical expense should target capacity not be met. Other terms, conditions, and eligibility requirements may apply, and the B-free Advantage Collaborative members reserve the right to modify terms, conditions, and eligibility requirements at any time and without notice.

BAC Registration Form

I am registering for: the Webinar Surgery Both

****Note****

You must provide an email address to register for the Webinar. Also, you will need access to an internet connection in order to participate in the Webinar. Webinars will be held **each Thursday at 7:30pm (Pacific time)** throughout the duration of this program, beginning on Thursday, July 16, 2015. Our last Webinar will be held on Thursday, August 27, 2015. To ensure that each Webinar attendee receives the attention she deserves, we must limit each Webinar to ten participants. Registration for Webinars will be granted on a first-come-first-served basis. Surgery date assignments will also be granted on a first-come-first-served basis, however, based only on when a person is approved to proceed with surgery, not based on when we receive the registration form.

Available Webinar Dates (please check preferred dates). 7/16 7/23 7/24 8/6

We will try to accommodate preference dates on a 8/13 8/20 8/27
first-come-first-served basis.

CONTACT INFORMATION

First Name _____ Middle Initial _____ Last Name _____

Date of Birth (MM/DD/YY) _____ / _____ / _____ Age _____ Email address _____

Occupation _____ Social Security Number _____

Residence Address _____

City _____ State _____ Zip _____ Country _____

Is your mailing address the same as your residence address? Yes No, the mailing address is

	May we call?	May we leave a message?
Home Telephone (_____) _____	Yes No	Yes No
Work Telephone (_____) _____	Yes No	Yes No
Mobile Telephone (_____) _____	Yes No	Yes No

Brief Health Survey

Date you received your contraceptive coils: _____

Do you already have HSG results? Yes No Date of your HSG (if applicable): _____

Symptoms that developed since your contraceptive coils were implanted: _____

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I have read and understand the above statement.

Signature

Date

Check List

I have attended the BAC Information Webinar and gotten all my questions answered.

I have obtained my HSG and forwarded the results to Dr. Sills' office.

I have completed the BAC Registration form and sent it to Dr. Sills' office before August 31, 2015.

I have completed CAG's detailed patient history, signed any necessary consents, obtained all relevant records, and forwarded everything to Dr. Sills' office.

I have been cleared for surgery! My surgery date/time is: _____ and I understand that I need to arrive at Carlsbad Surgery Center 1 ½ hours before my scheduled surgery.

I have cleared my surgery schedule with my partner who will be accompanying me to my surgery and staying with me the night after surgery.

I have received my group code from someone in Dr. Sills' office in order to reserve my room at the Hampton Inn & Suites in Carlsbad at the reduced rate (if applicable).

I have made my hotel reservations. To take advantage of the reduced room rate of \$99 + tax offered by the Hampton Inn & Suites in Carlsbad, CA, I have made those reservations at least two weeks in advance of my arrival and I understand that if I choose to cancel, I must cancel at least one week in advance of my stay or hotel cancellation charges will apply (if applicable).

A representative at the Carlsbad Surgery Center has contacted me within four days of my surgery.

I have packed comfortable, loose fitting clothes to wear home from the surgery.

I have packed maxi pads in the event I have some bleeding, and I understand that wearing tampons is NOT recommended after surgery, so I'm not even going to pack them!

I am relaxed because I am confident that I am in good hands and know that if I have any concerns at all that I can call Dr. Sills' office any time and my concerns will be addressed as soon as possible.

Important Contact Information:

Center for Advanced Genetics

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